



V'DGZ™ BRUSS' LZ

Lightly seasoned Brussels sprout halves with a crispy crust. A playful, crispy take on Brussels sprouts!

PRODUCT DETAILS

GENERAL:

Packaging: 4/3.00 lb

Best if used within 365 days of production date

Servings size: 9 pieces (88g)

Servings per container: 15

CASE:

Net weight case 12 lbs.

Gross weight case 13.16 lbs.

PRODUCT CODES:

SKU 1000010831

UPC 072714008214

GTIN (Unit) 10072714008211

GTIN (Case) 10072714008211

PREPARATION

GENERAL CAUTIONS:

Ice crystals on frozen food can cause spattering when added to hot oil. Add product carefully. Product must be fully cooked. Do not allow product to thaw. Not designed for microwave preparation. CAUTION: product will be hot.



DEEP FRY

Temp (°F): 350

Instructions:

Fry frozen product at 350°F for 3 3/4 minutes.



BAKE - CONVECTION

Temp (°F): 450

Instructions:

Preheat oven to 450°F with low fan. Place frozen product in a single layer on a sheet pan and bake for 10 minutes.

ADULT NUTRITION FACTS

15 servings per container

Serving Size **9 pieces (88g)**

Amount Per Serving

Calories	140
Total Fat 5g	6%
Saturated Fat 1g	5%
Mono Unsaturated Fat 1g	
Poly Saturated Fat 3g	
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 320mg	14%
Total Carbohydrate 21g	8%
Dietary fiber 3g	11%
Total Sugars 3g	
Added Sugars 1g	2%
Protein 4g	7%
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.2mg	6%
Potassium 250mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Brussels Sprouts, Vegetable Oil (Soybean And/Or Canola Oil), Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Annatto Extract (color), Apple Cider Vinegar, Dehydrated Garlic, Dehydrated Onion, Dextrin, Dextrose, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maltodextrin, Modified Corn Starch, Onion Powder, Paprika Extract (color), Potato Starch - Modified, Rice Flour, Salt, Spices, Sugar, Turmeric Extract (color), Whey, Xanthan Gum, Yeast, Yellow Corn Flour. CONTAINS: Milk, Wheat

CONTAINS



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