



# McCain<sup>®</sup> Bakeable Regular Fries 3/8" XL

An extra-crisp exterior and fluffy baked potato interior has all the classic fry appeal with zero grams trans fat.

## PRODUCT DETAILS

**GENERAL:**  
Packaging: 6/5 lb.

Best if used:  
before 730 days from date of  
manufacture, when stored at 0°F/-18°C  
or below

Servings size: 3 oz (85g)

Servings per container: 160

**CASE:**  
Net weight case 30 lbs.  
Gross weight case 31.83 lbs.

**PRODUCT CODES:**  
SKU MCF03762  
UPC 072714937620  
GTIN (Unit) 00072714937620  
GTIN (Case) 10072714937627

## PREPARATION

**GENERAL CAUTIONS:**  
For best results, cook from frozen state  
using recommended time and  
temperature. Always cook to light golden  
color. Do not overcook. When cooking  
smaller amounts, reduce cooking time.  
Product must be fully cooked for food  
safety and quality.



**DEEP FRY**  
Temp (°F): 350  
Cooking Time (min): 2-1/2 to  
3

**Instructions:**  
For best results, cook from frozen state  
using recommended time and  
temperature. Always cook to a light  
golden color. Do not overcook. When  
cooking smaller amounts, reduce cooking  
time.



**BAKE – CONVENTIONAL**  
Temp (°F): 425  
Cooking Time (min): 8 to 13

**Instructions:**  
Preheat oven to 425° F. Spread frozen  
fries evenly on a shallow baking pan.  
Bake for 9 to 13 minutes, turning once for  
uniform cooking.

## ADULT NUTRITION FACTS

160 servings per container

| Serving Size              | 3 oz (85g) |
|---------------------------|------------|
| Amount Per Serving        |            |
| <b>Calories</b>           | <b>110</b> |
| Total Fat 3.5g            | 4%         |
| Saturated Fat 0g          | 0%         |
| Mono Unsaturated Fat 1.5g |            |
| Poly Saturated Fat 1.5g   |            |
| Trans Fat 0g              |            |
| Cholesterol 0g            | 0%         |
| Sodium 160mg              | 7%         |
| Total Carbohydrate 20g    | 7%         |
| Dietary fiber 1g          | 4%         |
| Sugars 0g                 |            |
| Added Sugar 0g            |            |
| Protein 1g                | 3%         |
| Vitamin D 0mcg            |            |
| Calcium                   | 0%         |
| Iron                      | 0%         |
| Potassium 300mg           | 6%         |

\*The % Daily Value (DV) tells you how much a nutrient  
in a serving of food contributes to a daily diet. 2,000  
calories a day is used for general nutrition advice.

## INGREDIENTS

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrin, Dextrose, Extractives of Paprika (color), Gum Arabic, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maltodextrin, Natural Flavor, Potassium Chloride, Potato Starch - Modified, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Succinic Acid, Xanthan Gum

## ALLERGENS

This product contains no known added ingredients sourced from allergenic sources.



