



# Anchor<sup>®</sup> Battered Zucchini Sticks 6X2.5 LB

Zucchini sticks covered in a light, black pepperflecked batter.

# PRODUCT DETAILS

GENERAL: Packaging: 6/2.5 lb.

Best if used within 365 days of production date

Servings size: 5 pieces (93g)

Servings per container: 12

CASE: Net weight case 15 lbs. Gross weight case 16.16 lbs.

PRODUCT CODES: SKU 50010151 UPC 072714101519 GTIN (Unit) 10072714101516 GTIN (Case) 10072714101516

# PREPARATION

**GENERAL CAUTIONS:** Ice crystals on frozen food can cause spattering when added to hot oil. Add product carefully. Product must be fully cooked. Do not allow product to thaw. Not designed for microwave preparation. CAUTION: product will be hot.

DEEP FRY

Temp (°F): 350



# Instructions:

Fry frozen product at 350°F for 2 1/2 to 3 minutes.



BAKE -CONVECTION Temp (°F): 450

### Instructions:

Preheat oven to 450°F. Place frozen product in a single layer on a sheet pan and bake for 4 minutes on each side.



BAKE -CONVENTIONAL Temp (°F): 450

Instructions:

Preheat oven to 450°F. Place frozen product in a single layer on a sheet pan and bake for 6 minutes on each side.

# ADULT NUTRITION FACTS

12 servings per container	
Serving Size	5 pieces (93g)
	Amount Per Serving
Calories	150
Total Fat 6g	8%
Saturated Fat 1g	5%
Mono Unsaturated Fat 1.5g	
Poly Saturated Fat 4g	
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 360mg	16%
Total Carbohydrate 20g 7%	
Dietary fiber 1g	4%
Total Sugars 2g	
Added Sugars 0g	0%
Protein 2g	5%
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.5mg	8%
Potassium 160mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

Zucchini, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean And/Or Canola Oil), Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Modified Corn Starch. Contains 2% or less of Blue 1, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Mono- and Diglycerides, Natural Flavor, Paprika Oleoresin (color), Red 40, Salt, Spices, Sugar, Wheat Starch, Whey, Yellow 5. CONTAINS: Milk, Wheat









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