



Anchor[®] Battered Spicy Jalapeño Cheddar Corn Nuggets 4X3 LB

Coated in a crispy cornmeal batter for homestyle appeal, corn nuggets are an innovative combination of premium ingredients including fire-roasted corn, diced jalapeños and red peppers in a creamy cheddar cheese blend.

PRODUCT DETAILS

GENERAL:
Packaging: 4/3 lb.

Best if used:
before 365 days from date of
manufacture, when stored at 0°F/-18°C
or below

Servings size: 4 pieces (77g)

Servings per container: 71

CASE:
Net weight case 12 lbs.
Gross weight case 13.04 lbs.

PRODUCT CODES:
SKU 1000002784
UPC 072714002861
GTIN (Case) 10072714002868

ADULT NUTRITION FACTS

71 servings per container

Serving Size	4 pieces (77g)
Amount Per Serving	

Calories	180
Total Fat 9g	12%
Saturated Fat 2.5g	13%
Mono Unsaturated Fat 2g	
Poly Saturated Fat 4g	
Trans Fat 0g	
Cholesterol 5g	2%
Sodium 450mg	20%
Total Carbohydrate 20g	7%
Dietary fiber 1g	4%
Sugars 0g	
Added Sugar 0g	
Protein 4g	8%
Vitamin D 0mcg	
Calcium	6%
Iron	4%
Potassium 110mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PREPARATION

GENERAL CAUTIONS:

For best results, cook from frozen state using recommended time and temperature. Always cook to light golden color. Do not overcook. When cooking smaller amounts, reduce cooking time. Product must be fully cooked for food safety and quality.

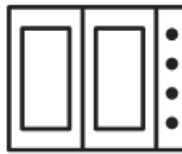


DEEP FRY

Temp (°F): 350
Cooking Time
(min): 3-1/2

Instructions:

Fill basket one-third full (1.5 lbs) with frozen product. Deep fry.



BAKE - CONVECTION

Temp (°F): 450
Cooking Time
(min): 7 (low fan)

Instructions:

Preheat oven. Spread frozen product evenly on a shallow baking pan. Bake, turning once for uniform cooking.



BAKE - CONVENTIONAL

Temp (°F): 450
Cooking Time
(min): 11

Instructions:

Preheat oven. Spread frozen product evenly on a shallow baking pan. Bake, turning once for uniform cooking.

INGREDIENTS

Corn, Water, Vegetable Oil (Soybean And/Or Canola), Yellow Corn Meal, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Low-Moisture Part-Skim Mozzarella Cheese (Cultured Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Cheese Sauce Mix [Dehydrated Blend of Cheese (Semisoft and Cheddar Cheeses (Pasteurized Milk, Cheese Culture, Salt, Enzymes)), Food Starch-Modified, Whey, Salt, Cellulose Gum, Butter (Cream, Salt), Sodium Phosphate, Silicon Dioxide, Lactic Acid, Citric Acid, Yellow 5, Yellow 6], Yellow Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Jalapeno Pepper, Red Bell Peppers. Contains 2% or less of Apocarotenal (color), Cellulose Gum, Dextrose, Enzyme Modified Cheese (Pasteurized Milk, Water, Milkfat, Sodium Phosphate, Cheese Culture, Salt, Enzymes), Food Starch - Modified, Guar Gum, Lactic Acid, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Milk Protein Concentrate, Natural Flavor, Salt, Sodium Hexametaphosphate, Sodium Phosphate, Sorbic Acid (Preservative), Sorbitol, Turmeric Oleoresin (color), Whey

ALLERGENS

This product contains ingredients which may cause an allergic reaction to the following:



DAIRY



WHEAT



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