



MCCAIN® CHOPPED SEASONED SKIN-ON ROASTED POTATOES (GARLIC, ROSEMARY & HERB) 6X5 LBS
USDA School Lunch Meal Planning Nutrition Facts
MCF03927

Nutrition Facts	
about 158 servings per container	
Serving Size	3.05 oz (86g)
Amount Per Serving	
Calories	120
% DV*	
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrates 18g	7%
Dietary Fiber 2g	7%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	0%
Potassium 270mg	6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Dehydrated Garlic, Salt, Black Pepper, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Dextrose, Dehydrated Onion, Rosemary, Dehydrated Red Bell Pepper, Autolyzed Yeast Extract, Paprika (color),	
Per FBG, one frozen serving portion (1/2 cup heated vegetable) equals 3.05 oz of McCain Seasoned Potatoes.	

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potatoes Products, Frozen, Skins or Pieces or Wedges, etc. With Skin, Cooked.			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup heated vegetable	9.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	26.22	1/2 cup heated vegetable	3.81

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	157.33	1/2 cup heated vegetable	0.64

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces/ raw portion of creditable ingredient	multiply	FBG yield /servings /unit	Creditable Amount**
Potato French Fries, frozen	3.05 by weight	X	10.6/16	2.00
A. Total Creditable Amount				2.00

**Creditable amount-multiply ounces per raw portion of creditable ingredient by the FBG yield information. Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter cup to cup conversion:			
0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup	
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup	

I certify that this information is true and correct.

9/1/2021
Date

Jennifer Neibauer
Research and Development

