



# Nutrition Facts

about 160 servings per container

**Serving Size** 2.41 oz (68g)

**Amount Per Serving**

**Calories** 130

		% DV*
<b>Total Fat</b>	4.5g	6%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Polyunsaturated Fat	1.5g	
Monounsaturated Fat	2g	
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	180mg	8%
<b>Total Carbohydrates</b>	20g	7%
Dietary Fiber	2g	7%
Total Sugars	0g	
Includes 0g Added Sugars		0%
<b>Protein</b>	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.4mg	2%
Potassium	250mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

Per FBG, one frozen serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain Smiles

**McCain® REDUCED SODIUM SMILE POTATOES**  
 USDA School Lunch Meal Planning Nutrition Facts  
 OIF03456

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potato Products, frozen, Mashed, Potato dehydrated granules, Low Moisture Includes USDA Foods			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.59	1/2 cup heated vegetable	3.76

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.52	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.76 oz by weight	X	7.37 / 16	1.271
Potatoes, Dehydrated Granules, low moisture	0.29325 oz by weight	X	50.5 / 16	0.926
<b>A. Total Creditable Amount</b>				<b>2.197</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information

\*\* The raw weight of 4 Smiles is 3.45 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

5/6/2021  
Date

Shianne L. Waye  
Research and Development

