



McCain® OVATIONS® REDUCED SODIUM CRINKLE CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCF03761

Nutrition Facts

about 235 servings per container

Serving Size **2.06 oz. (58g)**

Amount Per Serving

Calories **90**

		% DV*
Total Fat	3.5g	4%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Polyunsaturated Fat	1.5g	
Monounsaturated Fat	1.5g	
Cholesterol	0mg	0%
Sodium	25mg	1%
Total Carbohydrates	13g	5%
Dietary Fiber	< 1g	3%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	< 1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.2mg	0%
Potassium	170mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrin, Dextrose, Extractive of Paprika (color), Extractive of Turmeric (color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Pea Fiber, Pea Protein, Potato Starch - Modified, Rice Flour, Sodium Acid Pyrophosphate Added To Maintain Color, Xanthan

Per FBG, one frozen serving portion (1/2 cut cooked vegetable) equals 2.06 oz of McCain Fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low Moisture, Ovenable USDA Foods			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	38.72	1/2 cup cooked vegetable	2.58

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	232.31	1/2 cup cooked vegetable	0.43

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, CC, Low	1.98 oz by weight	X	16.2 / 16	2.004
A. Total Creditable Amount				2.004

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:		
0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

1/27/2021
Date

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