



McCain® EMOTICONS™ MASHED POTATO SHAPES 6 X 4 LBS
USDA School Lunch Meal Planning Nutrition Facts
1000006639

Nutrition Facts	
128 servings per container	
Serving Size	4 pieces (69g)
Amount Per Serving	
Calories	120
	% DV*
Total Fat 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 1.5g	
Sodium 80mg	3%
Total Carbohydrates 19g	7%
Dietary Fiber 2g	7%
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0.4mcg	0%
Calcium 10mg	0%
Iron 0.6mg	4%
Potassium 220mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dehydrated Potato Flakes (Potatoes, Mono- and Diglycerides, Sodium Acid Pyrophosphate (to maintain color), Citric Acid (to maintain freshness)). Contains 2% or less of Dextrose, Modified Cellulose, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.

*** Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.42 oz of McCain Emoticon shapes.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: 1) Potato Products, frozen, Mashed; 2) Potato dehydrated flakes			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.44	1/2 cup heated vegetable	3.78

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	158.67	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.7649	X	7.37 / 16	1.274
Potato, Dehydrated, Flakes	0.296	X	50.5 / 16	0.934
A. Total Creditable Amount				2.208

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

** The raw weight of 4 Smiles is 3.48 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

10/3/2020
Date

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