



**ORE-IDA® REDUCED SODIUM TATER TOTS® SHAPED POTATOES 6X5 LBS**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**100002789**

<b>Nutrition Facts</b>	
about 192 servings per container	
<b>Serving Size</b>	<b>2.52 oz / about 8 pieces (71g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>90</b>
	% DV*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
<b>Total Carbohydrates 14g</b>	<b>5%</b>
Dietary Fiber 2g	7%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
<b>Protein 1g</b>	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 180mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<b>INGREDIENTS:</b> Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dehydrated Potatoes, Dextrose, Modified Cellulose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.	

Per FBG, one frozen serving portion (1/2 cup cooked vegetable) equals 2.52 oz of McCain tots.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potato Products, frozen, Rounds, Regular Size, (approx. 3/4 to 1 inch diameter by 1 to 1 -1/4 inch Length) Includes USDA Foods			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.7	1/4 cup cooked vegetable	7.9

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	31.75	1/2 cup cooked vegetable	3.15

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	190.50	1/2 cup cooked vegetable	0.52

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield / Servings per Unit	Creditable Amount*
Potato Products, Frozen, Rounds	2.52 oz by weight	X	12.7 / 16	2.000
<b>A. Total Creditable Amount</b>				<b>2.000</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

6/22/2021  
Date

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