



McCain® REDUCED SODIUM SMILE POTATOES
USDA School Lunch Meal Planning Nutrition Facts
OIF03456

NUTRITION FACTS	
Serving Size 2.41 oz. (68g) FROZEN *** about 4 pieces	
Amount per Serving	
Calories 130	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 250mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 4%
Calcium 0%	Iron 2%
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.	

*** Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain potatoes.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potato Products, frozen, Mashed, Potato dehydrated granules, Low Moisture Includes USDA Foods			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.60	1/2 cup heated vegetable	3.76

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.60	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.76 oz by weight	X	7.39 / 16	1.275
Potato, Dehydrated, Flakes	0.29325 oz by weight	X	50.5 / 16	0.926
A. Total Creditable Amount				2.201

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

** The raw weight of 4 Smiles is 3.45 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

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Date

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