



# Nutrition Facts

about 142 servings per container

**Serving Size** 3.02 oz (86g)

Amount Per Serving

**Calories** 110

|                            |       | % DV* |
|----------------------------|-------|-------|
| <b>Total Fat</b>           | 4g    | 5%    |
| Saturated Fat              | 0.5g  | 3%    |
| Trans Fat                  | 0g    |       |
| Polysaturated Fat          | 2g    |       |
| Monounsaturated Fat        | 1.5g  |       |
| <b>Cholesterol</b>         | 0mg   | 0%    |
| <b>Sodium</b>              | 20mg  | 1%    |
| <b>Total Carbohydrates</b> | 18g   | 7%    |
| Dietary Fiber              | 1g    | 4%    |
| Total Sugars               | < 1g  |       |
| Includes 0g Added Sugars   |       | 0%    |
| <b>Protein</b>             | 1g    |       |
| Vitamin D                  | 0mcg  | 0%    |
| Calcium                    | 10mg  | 0%    |
| Iron                       | 0.3mg | 0%    |
| Potassium                  | 270mg | 6%    |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Color.

Per FBG, one frozen serving portion (1/2 cup heated vegetable) equals 3.02 oz of McCain waffle fries.

**MCCAIN® SKIN-ON WAFFLE FRIES 6X4.5 LBS**  
 USDA School Lunch Meal Planning Nutrition Facts  
 OIF01037A

**Meets Smart Snack Qualification:** Yes  
**Meets Buy American Qualification:** Yes  
**Country of Origin:** USA  
**Religious Certification(s):** Halal



| USDA Food Buying Guide (FBG) for Child Nutrition Programs                           |                                 |   |                                      |
|---|---------------------------------|---|--------------------------------------|
| Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked |                                 |   |                                      |
| USDA Purchase Unit  | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | USDA Purchase Units for 100 Servings |
| 1 Pound   | 10.6                            | 1/4 cup heated vegetable                | 9.5                                  |

| McCain Equivalent per Bag   |                                 |   |  |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. |                                 |   |  |
| McCain Purchase Unit  | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 4.5 Pounds  | 23.85                           | 1/2 cup heated vegetable                | 4.19                                   |

| McCain Equivalent per Case  |                                 |   |  |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. |                                 |   |  |
| McCain Purchase Unit  | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 27 Pounds (6 Bags per Case)   | 143.10                          | 1/2 cup heated vegetable                | 0.70                                   |

| Description of Creditable Ingredients per Food Buying Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient** | Multiply | FBG Yield /Servings per Unit | Creditable Amount* |
|---|---|----------|------------------------------|--------------------|
| Potato, FF, Frozen, Wedges  | 3.019 oz by weight                                | X        | 10.6/ 16                     | 2.000              |
| <b>A. Total Creditable Amount</b>                                 |   |          |                              | <b>2.000</b>       |

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

|                            |                             |                            |  |
|----------------------------|-----------------------------|----------------------------|--|
| 0.5 Quarter Cups = 1/8 Cup | 1.5 Quarter Cups = 3/8 Cup  | 2.5 Quarter Cups = 5/8 Cup |  |
| 1.0 Quarter Cups = 1/4 Cup | 2.0 Quarter Cups = 1/2 Cups | 3.0 Quarter Cups = 3/4 Cup |  |

I certify that this information is true and correct.

1/16/2023  
 Date

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