



# Nutrition Facts

about 230 servings per container

**Serving Size** 2.07 oz (59g)

**Amount Per Serving**

**Calories** 80

		% DV*
Total Fat	3g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Polyunsaturated Fat	1.5g	
Monounsaturated Fat	1g	
Cholesterol	0mg	0%
Sodium	25mg	1%
Total Carbohydrates	14g	5%
Dietary Fiber	< 1g	4%
Total Sugars	< 1g	
Includes 0g Added Sugars		0%
Protein	< 1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.2mg	0%
Potassium	180mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrin, Dextrose, Extractive of Paprika (color), Extractive of Turmeric (color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Pea Fiber, Pea Protein, Potato Starch - Modified, Rice Flour, Sodium Acid Pyrophosphate Added To Maintain Color, Xanthan Gum.

\* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.07 oz of McCain fries.

**McCain® OVATIONS® REDUCED SODIUM CRINKLE CUT FRENCH FRIES**  
 USDA School Lunch Meal Planning Nutrition Facts  
 MCF03761

Meets Smart Snack Qualification: Yes  
 Meets Buy American Qualification: Yes  
 Country of Origin: USA  
 Religious Certification(s): None



**USDA Food Buying Guide (FBG) for Child Nutrition Programs**  
 Product: Potatoes, French Fries, frozen, Crinkle cut, Low Moisture, Ovenable USDA Foods

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

**McCain Equivalent per Bag**  
 FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	38.72	1/2 cup cooked vegetable	2.58

**McCain Equivalent per Case**  
 FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	232.31	1/2 cup cooked vegetable	0.43

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, CC, Low	1.98 oz by weight	X	16.2 / 16	2.004
A. Total Creditable Amount				2.004

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.  
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

11/10/2023  
 Date

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